



# UNIVERSITY OF TORONTO

School of Physical and Health Education

## SEPTEMBER CAMP COURSE

CAMP TANAMAKOON

Algonquin Park, Ontario

AUG. 29 to SEPT. 19, 1942



## ACTIVITIES

### SAILING

There are three fourteen foot dinghies for instruction and practice in sailing.

### CANOEING

Instruction is based on the type of paddling used by the guides of the North country.

### CAMP CRAFT

This covers: fire-building, menu planning, camp-fire cooking, baking with reflector ovens, organizing and packing for trips, constructing shelters, making balsam beds, and learning the ways of the woods.

### CANOE TRIPS

These involve paddling through various waterways, portaging forest trails to pitch camp before dusk.

### SWIMMING and DIVING

Instruction is given in swimming, diving, and camp waterfront management.

### ARCHERY and TENNIS

An archery range and tennis court provide opportunities for recreation and improvement of skills in these popular sports.

### MUSIC

There will be music: for fun—around the camp fire, drifting in canoes on the lake, and dancing in the lodge at night; for worship—in choirs for devotional services; for entertainment—musical evenings and informal concerts.

### CAMP ORGANIZATION and ADMINISTRATION

This is to prepare counsellors for the tasks of leadership through reading and discussion of the history, problems, and principles of camping.

## SEPTEMBER CAMP COURSE

The September Camp Course is sponsored by the School of Physical and Health Education of the University of Toronto, Dr. E. S. Ryerson, Director. This course continues the training carried on for many years by The Margaret Eaton School which has recently been merged with the University of Toronto.

It is a practical professional course in camping and counsellor training and is open to women students of all Faculties of this and other Universities. A limited number of non-university applicants will be included provided that they have the necessary qualifications.

The course is under the direction of Dorothy N. R. Jackson, Assistant Professor of Physical Education in the School. The Council of the School acts in an advisory capacity.

A certificate will be granted upon the satisfactory fulfilment of requirements.

## THE PURPOSE

The purpose of the September Camp Course is to enable the students to obtain the skills and the fundamental understanding of organized camping necessary for professional leadership.

We believe that camping not only offers unique recreational and educational opportunities but also symbolizes a way of life.

## CAMP TANAMAKOON

Camp Tanamakoon, located on Tanamakoon Lake in Algonquin Park, is owned by Mary G. Hamilton of Toronto. Overlooking the lake are the lodge and library with inviting fireplaces. Sleeping cabins are along the shore, and farther back are the games courts, dining room, out-door theatre, and infirmary. The dock, equipped with spring boards and diving tower, and the many camp sites around the lake offer an excellent opportunity for work in all the natural activities which are a part of a woodland environment.

## GENERAL INFORMATION

The camp programme is conducted in an informal manner, at the same time it is designed to provide opportunities for the individual to take responsibility.

It is possible for arrangements to be made to specialize in one activity. The camp course certificate, however, will be granted only to those who meet the required standards of proficiency in all activities.

## WHAT TO BRING

### Camp Clothes

Three types of outfits are needed:

**HEAVY** (essential) Ski suit or long trousers and wind-breaker, one heavy sweater.

**MEDIUM** . . . Flannel slacks, shirts, and shorts.

**LIGHT** . . . Cotton shirts and shorts (one white suit if possible), school tunics and sweaters.

### ADDITIONAL NECESSARY CLOTHES

Serviceable raincoat (rain capes are not strong enough).

Rain hat and rubber boots (or extra pair of old shoes).

Woolen and cotton socks, underwear

Flannel pyjamas.

Warm dressing gown.

Two swimming suits, caps, cape (or old coat), and old shoes.

Rubber soled low heeled shoes and running shoes.

Bandana, beret, extra pair of old gloves.

### OTHER NECESSARY ARTICLES

Four heavy blankets (or equivalent). Blankets may be rented at camp (reserve in advance).

Sheets, pillow (small), pillow cases and towels.

Toilet articles, hot water bottle, sewing kit (scissors).

Hatchet (Boy Scout), jack knife.

Flash light (extra batteries).

Ground sheet (if possible).

Blanket pins, note book.

Tennis—racquet and balls.

Street clothes are worn only for travelling. Dunnage bags and suit cases should be used for packing. Baggage tags will be sent after enrollment.

## APPLICATION FORM

Please register my application for the University of Toronto School of Physical and Health Education September Camp Course for women students.

Name..... Date.....

(Surname)

(Permanent Address)

Telephone.....

(City or Town)

(Present Address)

Telephone.....

(City or Town)

### **Education:**

Secondary or Private School.....

(Name)

College or University.....

(Name)

Are you enrolled in the School of Physical and Health Education, University of Toronto?

### **Camping Experience:**

As a camper.....

(Where and when)

As a counselor.....

(Where and when)

(In what capacity)

Present occupation.....

Names of persons to whom we may refer:

1. ....

(Name)

(Address)

2. ....

(Name)

(Address)

Religion.....

Age.....

(Signature)

Applications should be received on or before August 25

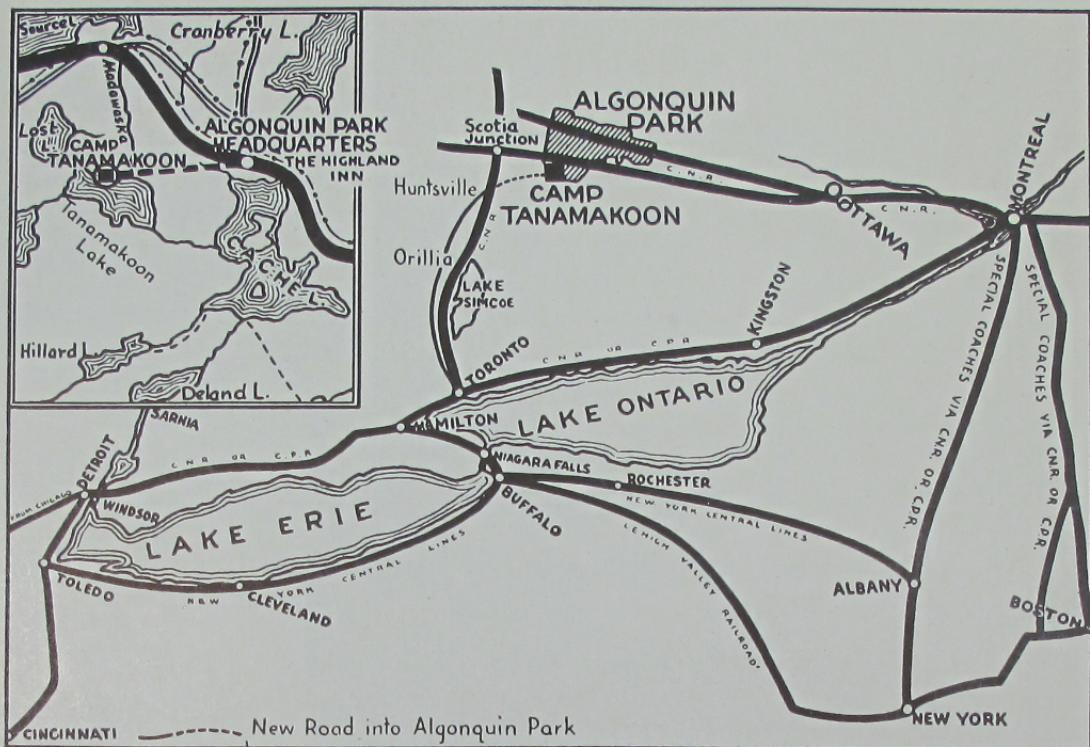
Camp fees are payable in advance at

THE SECRETARY'S OFFICE

415 Yonge Street, Toronto

Telephone: Adelaide 8339

## SEPTEMBER CAMP COURSE



### CAMP TANAMAKOON

#### Where it is and how to get there

Camp Tanamakoon is about 200 miles North of Toronto via C.N.R. Return railway fare from Toronto to Algonquin Park is \$12.25. Students leave Toronto Union Station Saturday, August 29, at 11.05 a.m. Return Saturday, September 19, arriving Toronto at 6.40 p.m.

#### THE COST

Students enrolled in the School of Physical and Health Education	\$36.00
Other applicants.....	\$50.00

The camp fees, payable in advance, include both tuition and living expenses. Transportation is not included.

*For Further Information write or phone to*

THE SECRETARY,

SCHOOL OF PHYSICAL AND HEALTH EDUCATION, UNIVERSITY OF TORONTO  
415 YONGE STREET, TORONTO

TELEPHONE: ADELAIDE 8339



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